

By the numbers International Women's Day

Women in
Canada

18,911,177

The estimated number of women of all ages in Canada on July 1, 2019



Source: Population estimates on July 1st, by age and sex.

Leaders

19.9%

The percentage of women on boards of directors in Canada



Source: Statistics Canada. Table 33-10-0218-01 Representation of men and women on boards of directors, 2017.

Heroes
1 in 7 ★

The number of women in the Canadian Armed Forces

Source: Canadian Armed Forces Health Survey (CAFHS), 2019.



Caregivers **54%**

Women represented the majority of caregivers in Canada, in 2018



Note: Caregivers are defined as individuals aged 15 years and older who provide help or care to a family member or a friend with a long-term health condition, a physical or mental disability, or problems related to aging.

Source: Statistics Canada, General Social Survey (Caregiving and Care Receiving), 2018.