



BY THE NUMBERS

FOOD DAY CANADA 2023



Breakfast: Pancakes with maple syrup



In 2022, Canadian producers harvested **65.9 million litres of maple syrup**.



In 2022, **59.21 kilograms of wheat flour** were available per person.

Sources: Statistics Canada, table 32-10-0354-01 – Production and value of maple products and table 32-10-0054-01 – Food available in Canada.



Lunch: Poutine



In 2022, **32.37 kilograms of white fresh potatoes** were available per person.



In 2022, **571 040 metric tonnes** of cheese were produced.

Sources: Statistics Canada, table 32-10-0054-01 – Food available in Canada and table 32-10-0053-01 – Supply and disposition of food in Canada.



Healthy snacks



In 2022, **6.04 kilograms of fresh carrots** were available per person.



In 2022, marketed production of **fresh apples totalled 414,494 tons**.

Sources: Statistics Canada, table 32-10-0054-01 – Food available in Canada and table 32-10-0364-01 – Area, production and farm gate value of marketed fruits.



Dinner: Tourtière



In 2022, **15.53 kilograms of beef** (boneless weight) were available per person.



In 2022, Canadian farmers produced **295 700 metric tonnes of fresh onions and shallots**.



In 2022, **3.57 kilograms of butter** were available per person.

Sources: Statistics Canada, table 32-10-0054-01 – Food available in Canada, table 32-10-0053-01 – Supply and disposition of food in Canada and table 32-10-0054-01 – Food available in Canada.

Note: Food availability is a measure of the amount of food that is physically present in a country for consumption, not demand or the amount of food that is consumed.