

# What is the PARENTAL EXPERIENCES Survey?



» The Parental Experiences Survey collects information from Canadian parents on their experiences, knowledge and behaviours regarding pregnancy, childbirth, and access to and use of health care services.



## Why should I participate?

Your participation makes a difference! The data collected from this survey will help monitor, plan, and implement programs to inform national recommendations for maternal and newborn care as well as improve the mental health and well-being of parents and families across Canada.



### You can anticipate questions regarding:

- » Parenting History
- » Pregnancy Intention
- » Pregnancy and Birth
- » Parenthood and Family Life
- » Infant Feeding
- » Sociodemographic Characteristics
- » Health Care Access
- » Social Support
- » Mental Health
- » Substance Use



### YOUR PRIVACY IS IMPORTANT TO US

All information collected by Statistics Canada is strictly confidential and protected by the *Statistics Act*. Statistics Canada cannot release any information that would identify you or any member of your household without your consent. For more information on how your privacy is a top priority, please visit [www.statcan.gc.ca/en/trust](http://www.statcan.gc.ca/en/trust).

### » HOW TO COMPLETE THE SURVEY

Visit [www.statcan.gc.ca/PES](http://www.statcan.gc.ca/PES) and follow the instructions under 'Start My Survey'. You will need your secure access code provided in the letter you received to access the survey.



### » WANT TO KNOW MORE ABOUT THE SURVEY?

Visit our website: [www.statcan.gc.ca/PES](http://www.statcan.gc.ca/PES)  
Email: [infostats@statcan.gc.ca](mailto:infostats@statcan.gc.ca)  
Telephone: 1-877-949-9492  
TTY: 1-800-363-7629

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